



Welcome to Studio A Sessions! We are dedicated to creating a welcoming, respectful, and highly creative environment for all performers and audience members.

Please help us keep the show running smoothly by following these house rules:

The Do's:

- **Respect the host.** They are here to create a fun, expressive environment. Please listen to and respect all instructions given.
- **Silence your phone.** Turn off or mute all devices before the cameras start rolling.
- **Stay in your seat.** Please respect the performers by staying seated during performances.
- **Be original.** This is a space for authentic storytelling. All performances should be original work created by you.
- **Stay on theme.** Your performance should be related to the theme you signed up for.
- **Handle sensitive topics with care.** Mind the impact of heavy themes and approach difficult subject matter thoughtfully.
- **Show love.** Clap, cheer, snap, and engage warmly with every single person who steps up to the microphone. We're all family here.
- **Share the hype.** MCM welcomes real-time sharing across social media! Tag us on socials @mymcmedia

The Don'ts:

- **Don't block the shot.** Refrain from walking in front of cameras when moving around the studio space.
- **No side chatter.** Avoid whispering or talking during a performance, as sensitive studio microphones pick up background noise easily.
- **Respect the clock.** Artists must exit the stage as soon as their slot finishes to respect the next performer and keep the show running on time.
- **No hate speech.** Discriminatory language, slurs, or targeted harassment will not be tolerated, and may result in your performance being cut.
- **No notes.** We will not allow notes or props on stage.
- **No music.** All performances are a cappella. Keep the focus on your voice.

- **No heckling.** If a performance isn't your style, stay silent or quietly step out. Do not interrupt the performer.

Thank you for supporting local community media and keeping our creative space safe, professional, and fun!